

Care Artists' Biographies

Ashley Johnson

Ashley Johnson explores the body in motion through the intersecting roles of artist, educator, and somatic practitioner. Rooted in Treaty Four territory, in the small prairie city of Regina, Saskatchewan, Ashley collaborates and creates as a dance artist. Her teaching, performance, and mentorship practices have taken her across western Canada and the United States.

Ashley trained with Amelia Itcush in the Mitzvah Technique and Itcush Method and was a scholarship student under Emilie Conrad at Continuum Studio in Los Angeles from 2010 to 2013. Over the past decade, she has worked as a teaching artist in public schools, health centers, libraries, galleries, and other community spaces.

Her practice reflects a deep belief in movement as a way of knowing, advocating that learning to inhabit the body is a form of social revolution—one that begins by rethinking strength, mobility, and posture. Originally from Alberta, Ashley is a graduate of the Grant MacEwan Dance Program, holds a BA in Dance from the University of Calgary, with further studies in Sport Science from the University of Hong Kong. She is also a registered somatic movement educator through ISMETA.

Currently, Ashley balances a private practice in somatic movement for injury rehabilitation and serves as a dance artist and teacher with New Dance Horizons. Discover more about her work at www.constantlyseekingsoftness.ca.

Karlie King

Karlie King completed a Bachelor of Arts Degree at the University of Regina (2003), a Master of Arts Degree (2006) and three years of a Doctoral Degree at Memorial University in St. John's, NL. She has received various grants and awards, including a Social Sciences and Humanities Research Grant, the Saskatchewan Arts Board Indigenous Pathways Initiative Grant, and the SaskArts Independent Arts Grant.

Her work has been featured in numerous solo and group exhibitions nationwide. King's most recent exhibitions include *The King to the Ace* Estevan Art Gallery, Saskatchewan (September – November 2022) and *The Moving Heart* Saskatchewan Craft Council, Saskatoon, Saskatchewan (November – January 2021-2022).

For six summers, Karlie was the Artist-In-Residence at Cypress Hills Interprovincial Park, Saskatchewan; in January 2021, she was the first virtual Artist-In-Resident at Wanuskewin Heritage Park (Saskatoon, SK).

Her artwork covers a broad range – from a functional line of pottery to large-scale community projects to street art. The City of Regina has commissioned King's artwork, and her work is held in the SaskArts Permanent Art Collection.

She teaches at The Cathedral School of Art in Regina and is a mother of two.

Tea Gerbeza

Tea Gerbeza (she/her) is a queer disabled writer and multimedia artist. She has an MFA in Writing (University of Saskatchewan) and an MA in English & Creative Writing (University of Regina). Tea is the author of *How I Bend Into More* (2025, Palimpsest Press). Her paper-quilled jewelry and artwork have been exhibited at The Art Gallery of Regina's Outside the Box display case. Find out more on teagerbeza.com.

Karishma Joshi

Karishma Joshi is a communications specialist, documentarian, artist and user experience designer. Having recently relocated from Regina to Vancouver, they write and create visual art about human-centred topics. They're passionate about issues related to human-machine contact, gender equality, and migration.

George Glenn

George Glenn was born in Regina, Saskatchewan and grew up in the prairie cities of Winnipeg and Calgary. He completed high school in Winnipeg and received a Bachelor of Fine Arts (honours) from the University of Manitoba in 1970. Glenn worked as a curatorial assistant at the Glenbow Alberta Institute in Calgary for two years, until 1972, when he returned to university to complete a Master of Fine Arts degree at the University of Cincinnati, Ohio, in 1974. After travelling in France for a year, he returned to Canada and settled in Prince Albert with the support of a Saskatchewan Arts Board short-term residency grant. He has lived in Prince Albert for fifty years, teaching and making art.