

See the Unseen

Have you ever seen a virus?

Viruses are so tiny that we need a microscope to see them, but they can have big effects on people. One example is the poliovirus, which made many children sick 70 years ago.



Hospital Screen: Window, Wall, Door,
George Glenn 2004.

An artist named George got polio when he was a child, and it made him unable to move. Later in life, George started drawing his childhood home and remembered some scary dreams he had about the hospital looking like a spaceship. His artwork combines memories of his childhood home and hospital stays with strange buildings inspired by his dreams.

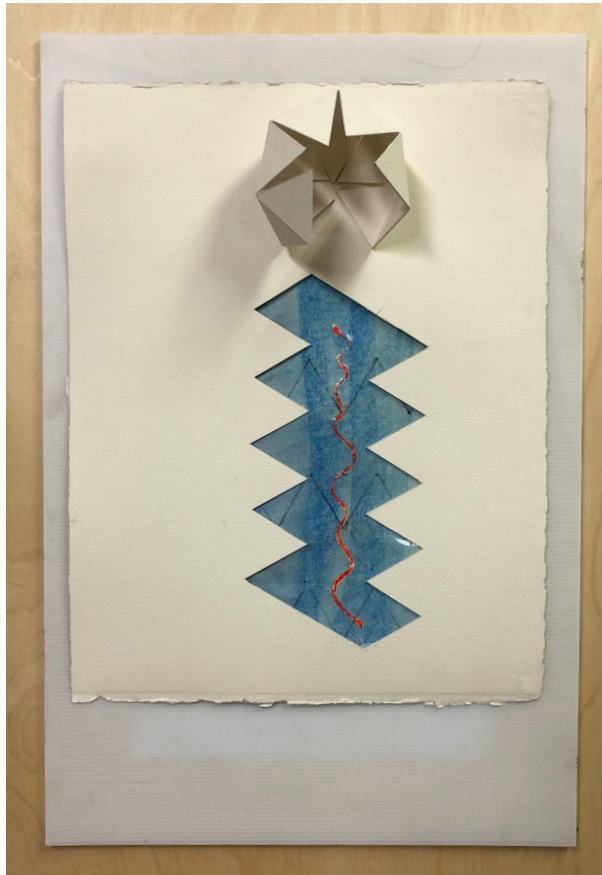
QR code

view the QR code through your smartphone camera to listen to the Audio Tour for this exhibition!



Artists can show us things we can't normally see, like our feelings or tiny things like viruses.

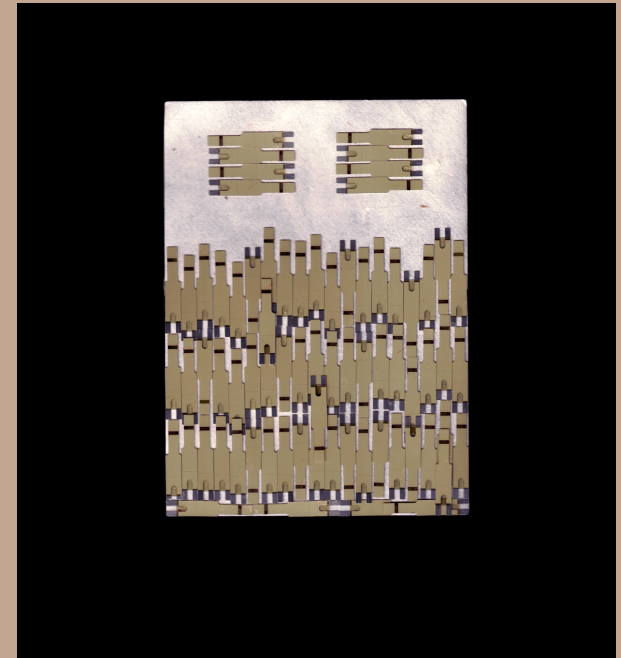
George created a colourful, three-dimensional drawing of the poliovirus that looks really beautiful. He feels a connection to polio, which has influenced his life and art. Can you imagine how getting sick could change your life?



Viral Schematic, George Glenn 2024.

2420 Elphinstone St., Regina
306-522-5940
info@artgalleryofregina.ca
www.artgalleryofregina.ca

PLAIN ENGLISH Self-guided tour Care



Diagnosis Bed Triptych, Tea Gerbeza, 2024.

Tea Gerbeza, George Glenn,
Karishma Joshi, Ashley
Johnson & Karlie King

curator: Sandee Moore

Oct 31, 2024 - January 11, 2025

AGR

Engaging.
Contemporary.
Art.

Bed Rest

What if your bed was your whole world?

Poet & artist Tea Gerbeza creates artwork by curling & twisting strips of paper into plant-like shapes. Have you ever had pain that felt like your body was being twisted?



Tea feels that kind of pain. Beds are important for people like Tea, who need to stay in bed a lot because they are ill. It isn't just a place to sleep; it becomes part of them. As a queer, disabled, & chronically ill artist, Tea sees her bed as a special space for resting, healing, having fun, making art, & self discovery. But sometimes, she also feels sick & lonely there. That's why she calls her artworks *Bedscaapes*, because her bed is like a little world. In some of her collages, she uses old diabetes test strips to create shapes of pillows & mattresses. Then, she uses a scanner—another type of bed—to create prints that look jagged & messy, like an unmade bed.

Diagnosis Bed 2 Triptych, Tea Gerbeza, photo courtesy of artist, 2024.

Hair Care

Do you love your hair?



Lines of Sorrow, Karishma Joshi, photo courtesy of artist, 2024

Karishma made sculptures about her health disorder which causes hair loss. Many people in her culture value women who have thick, long hair & losing her hair has made Karishma think about what it means to be a woman. One of her artworks, made from her lost hair, is called *Lines of Sorrow*. It shows the hair Karishma loses each month. Does it look like a lot to you? How would you feel if you lost this much hair? A single human hair is only 100 microns wide — very tiny. Karishma's syndrome only affects women & people with ovaries, but it hasn't been studied much. The tiny hair shows how little the medical field cares about women's health.

Photos permitted. Tag us,
or visit us at:



Art Gallery of Regina



@artgalleryofregina

It's What's On The Inside

Can you learn about the inside of your body without seeing it?

Ashley & Karlie created an art installation, *The Moving Heart*, that lets us explore and understand the inside of our bodies. Ashley is a dance artist with a heart condition. She saw the clay hearts Karlie made & wanted to use them to teach people about their own hearts by touching them. Each clay heart in the exhibition is different & imperfect, just like our hearts. Visitors can hold the hearts to their chests to picture how their hearts work & use a stethoscope to listen to their own heartbeat. The artists know that hearts deliver oxygen to our cells by moving blood through our bodies, but they also know that hearts symbolize love, which we need to live healthy lives, too.



Photo by AGR staff.